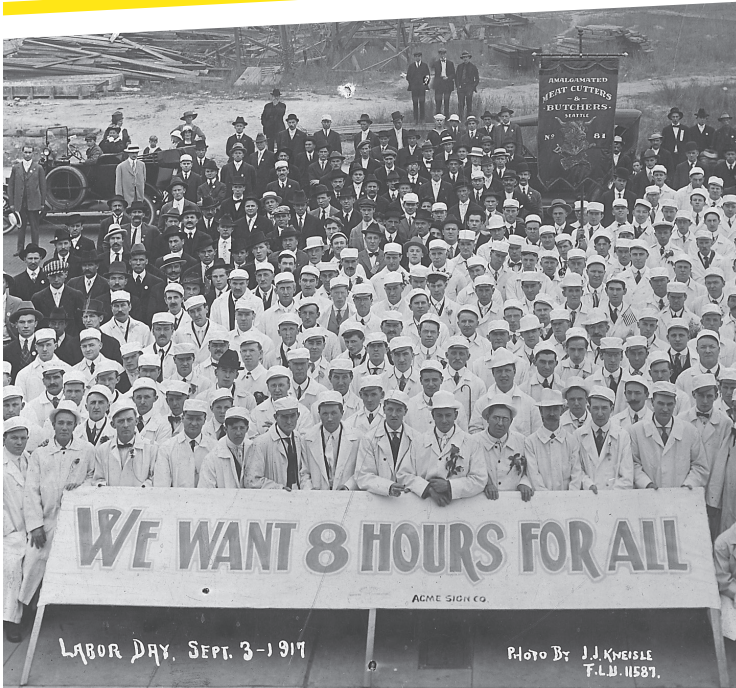


BULLETIN BOARD REFRESH!



WHERE LABOR & HISTORY MEAT

The **Seattle Meatcutters Apprenticeship** was established as a union-sponsored apprenticeship school on May 17, 1946 to increase the skills, abilities, and knowledge of meatcutters, which in turn led to higher wages and benefits for these highly trained workers. Trained and licensed meatcutters make our industry safer and more productive, and meatcutters have long served our communities with pride.

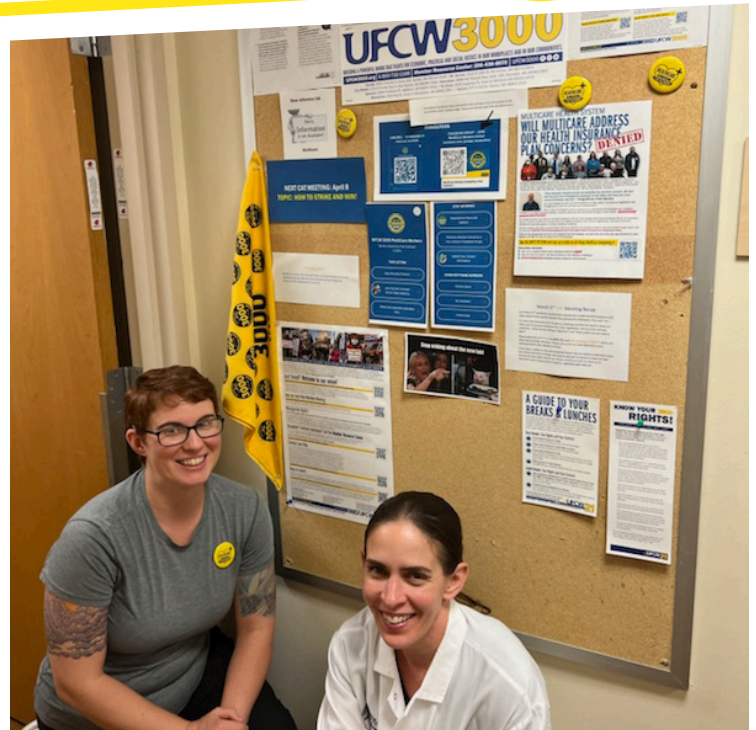
Throughout its long history, this program has grown and changed, expanding the diversity of its apprentices and graduates and continuing to do so through robust recruitment and leadership development. As we celebrate its legacy, the program also has a bright future in partnership with UFCW 3000, represented Employers, the State of Washington, and the exciting new nonprofit organization WeTrain Washington.



[READ ABOUT LOCAL MEAT HISTORY](#)

WELCOME TO OUR UNION!

Congratulations to retail members at **Downtown Dog Lounge** and **Deep Roots Tattoo and Piercing**, and health care members at **Northwest Center** who won their first union contracts! All of these workplaces are new break through industries that organized for the first time and are setting new standards for pet retail, piercing studios, and Early Supports services.



BOARD TIRED?

Colleen Balestreri and Marissa Thomas from the Labs at Tacoma General gave their union board a refresh.

Is the union bulletin board in your workplace looking a little tired? The union bulletin board is often the first place workers go for information about the union and their rights. Managers also watch the union board and make assessments about how strong the union is in your workplace. By helping to keep the union board fresh and informative, you help build a strong union presence in your workplace!

UNION BULLETIN BOARD CONTEST

Are you proud of your union bulletin board or feeling inspired to give it a refresh? Email pictures of your board to training@ufcw3000.org with your name, work location and department plus the names of those who help maintain your board. Winners will get their choice of special edition union swag!

MAKE THE UNION BULLETIN BOARD A POWERFUL TOOL! Download and print union resources by using the QR here ▶



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NEWS FROM ACROSS OUR UNION



▶ **Who's dat Rat?** "Scabby" has been an icon of American labor disputes for many years, popping up at and strikes and actions all over the country! Our Scabby has been particularly busy recently standing strong on ULP strike with **Nurses** in Everett, **Macy's** workers across the state, and most recently with Technical workers at **Sacred Heart** in Spokane! Employers like **Providence** and **Macy's** can't try to scab over their unfair policies and practices or scratch and gnaw away at our benefits and wages unless they want to face a ten-foot reminder! Thanks Scabby for joining us on the picket line!

SOME HIGHLIGHTS FROM THE LAST QUARTER:

▶ After months of strike preparation, store actions, and long negotiation sessions, **Grocery East** members won dramatic gains for Eastern Washington and Oregon, and historic gains for unionized grocery stores in Idaho. *"This is the most money I thought I'd ever see coming out of Kroger. The pressure we applied across all our stores was amazing! I am feeling amazed!"* - Katrina Keffer, Fred Meyer

▶ After the 2022 **Grocery West** contract win, some members who had transitioned into a managerial position faced the removal of their legacy pay rates from the contract. Fortunately, we successfully reinstated these legacy rates for affected members, resulting in almost \$17,000 in back pay. Currently, our **Membership Resource Center** is in the process of resolving several ongoing group grievances, like general merchandise receiver pay at **Fred Meyer** and back pay issues for **Safeway** employees who departed prior to the implementation of wage increases.

▶ **New union perk!** Free subscription to *In These Times* for union members! *In These Times* is a great labor magazine that has covered UFCW 3000 in recent years, discussing our role as a force working to create a stronger, worker-led labor movement. Get 10 free issues: bit.ly/inthesetimes-ufcw3k



▶ **Providence Sacred Heart Medical Center Techs** in Spokane went on an 8.5-day unfair labor practice strike to stand up against **Providence's** disregard for the law and to demand respect and much-needed resources to help retain and recruit the quality health care workers needed to maintain the only level 2 trauma center hospital in the area. Members were supported by hundreds of community members, labor allies, legislators, and pets!



▶ Laundry members at **Service Linen**, **Superior Linen**, and **Tomlinson Linen** are joining together to organize for fair and dignified wages and improved benefits. For the first time, members are meeting together regularly for multilingual organizing meetings and wore UFCW yellow shirts to work in a joint solidarity action on May 1, International Worker's Day.

▶ Over 2,100 members at **MultiCare Health Systems** in **Pierce** and **South King Counties** have been in contract negotiations since February. While we have been focused on addressing **MultiCare's** below-market wages plus access and affordability, for the Employer's healthcare plan, **MultiCare** has been dragging their feet in negotiations and has rejected all of our proposals. *"We're ready to work together, but it takes two sides willing to engage. MultiCare needs to step up and show they're serious about reaching an agreement."*
—Cheyenne Corneau, Medical Laboratory Scientist at Tacoma General

▶ Introducing the **Washington Cannabis Workers Club**, the new premier advocacy, networking, and social hub for cannabis workers, fostering professional growth and celebrating the culture of the cannabis community. Be a part of the movement that is shaping a fair, equitable, and inclusive cannabis industry in Washington State. Learn more about the **WCWC** at washingtoncannabisworkersclub.org

More news and updates for all industries at ufcw3000.org

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